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# STATE OF DELAWARE OFFICE OF CONTROLLED SUBSTANCES

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PUBLIC MEETING NOTICE: CONTROLLED SUBSTANCE COMMITTEE

DATE AND TIME: Wednesday, May 27, 2015 at 9:00 a.m.

PLACE: Buena Vista Conference Center, Dining Room, First Floor,

661 S. DuPont Highway, New Castle, Delaware 19720

APPROVED: Approved July 29, 2015

## **MEMBERS PRESENT**

Michael Kremer, DMD, Dental Representative, President Luis Garcia, Jr., DPM, Podiatric Representative, Vice President Philip Kim, M.D., Medical Representative Herb E. Von Goerres, R.Ph., Pharmacy Representative Jo Ann M. Baker, DNP, RN, FNP-C, Nursing Representative Mark Hanna, Public Representative

## **MEMBERS ABSENT**

Art Jankowski, VMD, Veterinary Representative Alex Zarow, R.Ph., Pharmacy Representative Stephen Ruggles, PA-C, PA Representative

## **DIVISION STAFF/DEPUTY ATTORNEY GENERAL**

David W. Dryden, R.Ph., J.D., Director, Office of Controlled Substances Christine Mast, Administrative Specialist III Eileen Kelly, Deputy Attorney General Samantha Nettesheim, Pharmacist Administrator Michelle McCreary, Pharmacist Compliance Officer

## **ALSO PRESENT**

Jeff Whitmarsh
Letitia Kanar
Debbie Hamilton
Lucy Somer
Meghan Vande Logt
Brian Malloy

## **CALL TO ORDER**

Dr. Kremer called the meeting to order at 9:09 am.

## **REVIEW AND APPROVAL OF MINUTES**

A motion was made by Mr. Van Goerres, seconded by Mr. Hanna, to approve the minutes from the March 25, 2015 meeting. The motion was unanimously carried.

## PRESIDENT'S REPORT

No Report

#### **UNFINISHED BUSINESS**

None

## **NEW BUSINESS**

Propose to Deny Hearing, scheduled for 9:15 am – Meghan Vande Logt. Ms. Kelly called the hearing to order. She stated the purpose of the hearing and asked the committee members to introduce themselves. Testimony was given by Ms. Meghan Vande Logt. A motion was made by Mr. Von Goerres and seconded by Dr. Garcia to approve the application. The motion carried unanimously.

## **DIRECTOR'S REPORT**

Mr. Dryden reported that delegate accounts are now available for use. There has been a case of inappropriate use of the PMP and its data that is currently being investigated. Delegate accounts should be utilized by all delegates use of the practitioner account and sharing password is discouraged. Properly accessing the PMP using practitioner accounts and delegate accounts will assist to provide clear information of whom is accessing the data.

Mr. Dryden will be attending the NASCSA annual meeting in October.

University of Delaware geo-mapping project contract is complete. The geo-mapping project can now begin.

An order to provide information for identified data for the past 5 years was denied due to confidentiality concerns. We are currently working with law enforcement to provide assistance and training on the data that can be provided and the requirements of properly completing the required request forms.

## **Case/Diversion Review**

None

## **PMP** Review

None

## **Current Event Review**

FDA Alerts Consumers About Dangerous Synthetic Steroids Present in Product Marketed as Supplement

Tri-Methyl Xtreme, a product marketed as a dietary supplement for muscle growth contains anabolic steroids and should not be used, FDA is warning consumers. The product, which is sold on the Internet and at some retail stores and gyms, has been linked to adverse event reports from consumers in California, New Jersey, and Utah. To date, the agency has not received reports of death from the use of the product, an FDA news release indicates. Products that contain synthetic anabolic steroids and steroid-like substances can have serious, long-term health-effects, including liver damage, increased risk of heart attack and stroke, masculinization of women, shrinkage of testicles, breast enlargement, infertility in males, and short stature in children. Consumers who suspect they are experiencing problems associated with this product or other body building supplements should consult a health care provider, especially if they have experienced unexplained fatigue, abdominal or back pain, discolored urine, or any other unexplained changes in health. Health care providers and consumers can report adverse events related to the use of these products through FDA's MedWatch Safety Information and Adverse Event Reporting Program.

## **COMMITTEE REPORTS**

Medical Examiner's Report
No report.
DEA Report
No report

## Substance Abuse Report

No Report

## Law Enforcement Report

Mr. Whitmarsh reported there is an uptick in diversion reports from Pharmacies and Pharmacists.

He reported that the first known case of inappropriate use of PMP data is going to prosecution. He could not elaborate on the details any further.

## Regulatory Committee Report

The committee reviewed proposed draft "Safe Opioid Use Regulations" approved by the Regulatory meeting held at 8:30 May 27, 2015. The committee reviewed the proposed regulations changes line by line. A motion was made by Dr. Kremer seconded by Dr. Garcia to approve the draft regulations. The motion carried unanimously.

## Legislative Committee Report

None

## **INSPECTION REPORT**

Ms. McCreary reported that she has completed a couple of inspections in conjunction with the DEA. During regular pharmacy inspections there is a controlled substance inspection component included during the inspection as well.

## **COMMITTEE CORRESPONDENCE**

None

## **OTHER BUSINESS BEFORE THE BOARD**

Non-Photo ID Cards; Ms. Kelly provided information from other states in addressing this issue. She discussed several possible approaches that could be utilized under current statute and regulatory provisions. Mr. Von Goerres expressed his preference of Nevada's approach. The committee discussed the findings and requested that this become a standing agenda item under unfinished business to be discussed further.

## **PUBLIC COMMENTS**

None

## **EXECUTIVE SESSION**

None

## **NEXT SCHEDULED MEETING**

The next regular meeting will be held on September 30, 2015 at 9:00 am at the Buena Vista Conference Center, Buck Library.

# **ADJOURNMENT**

A motion was made by Dr. Kremer, seconded by Dr. Kim, to adjourn the meeting at 10:33 am. Dr. Garcia was excused from the meeting at 10:23 am. The motion carried.

Respectfully submitted,

Christine Mast

Administrative Specialist III
Office of Controlled Substances